

PRIDESTRONG VOLUNTEER TIMESHEET

Direct Volunteering for an Organization that Helps Animals. Use this form when volunteering directly for an organization. The PrideStrong Volunteer Survey allows you to report your direct volunteer activities for one organization.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TOTAL THIS WEEK	+ PREVIOUS TOTAL	= CUMULATIVE TOTAL
TODAY'S DATE										
HOURS VOLUNTEERED										

COUNTING ANIMALS

Write each type of animal you helped in the first column, for example: dog. Each day, enter how many of each kind of animal you helped.

animal 1: _____										
animal 2: _____										
animal 3: _____										
animal 4: _____										
animal 5: _____										

COUNTING THE ANIMALS YOU HELPED THROUGH SPECIFIC INTERACTIONS

For each day you volunteer, count how many animals you helped in each of the following ways. Enter the number of animals.

groomed										
played with										
healthy animals you helped socialize										
emotionally traumatized animals you helped socialize										
physically injured or sick animals you tended to										
orphaned animals you helped rehabilitate										
other: _____										