

# PRIDESTRONG VOLUNTEER TIMESHEET

## TRAVEL, EXERCISING, FEEDING, CLEANING, & FIXING UP VOLUNTEER TASKS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TOTAL THIS WEEK	+ PREVIOUS TOTAL	= CUMULATIVE TOTAL
TODAY'S DATE										
HOURS VOLUNTEERED										

## DISTANCE

For each day, enter the distance you traveled and walked/exercised animals. The survey allows you to enter either miles or kilometers

traveled to the organization										
walked / exercised animals										
other: _____										

## WEIGHT

For each day, enter the weight of food you fed and/or wasted you cleaned. You may enter either pounds or grams

food you fed animals										
animal waste you cleaned / removed										
other: _____										

## AREA

For each day, enter the area involved that you performed the following tasks. You may enter either square feet or square meters

cleaned enclosure/cage/pen used for animals										
painted/decorated area utilized by the organization										
other: _____										